Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Wednesday, March 19, 2025

Mass Media Programming

A lesson on Discernment.

For anyone that wants to understand mass media programming techniques this one is a good one- 6. Use the Emotional Reaction more than the Reflection. Making use of the emotional aspect is a classic technique for causing a short circuit on rational analysis and critical thinking, and finally to short circuit the common sense of the individual. Furthermore, the use of emotional register to open the door to the unconscious mind for implantation or grafting ideas, desires, fears and anxieties, addictions, or inducing certain behaviors....keep the people in fear to disempower them.

I can hear mainstream news and listen to the subjective adjectives making things worse then they may really be- terror, horrific, horrifying, capitive, worst, blame, accuser, alert, broadly supports but, lost, just enough for now, chilling video, capture, convict, murder, growing panic, nervous whispering, alarming scene..don't let mass media program the subconscious mind via emotional adjectives. The subconscious creates what it is fed. Do you want drama in your life? Or do you want peace? Mass media news is a tool to keep your vibration down. Commune often in meditation with your higher self and surround yourself with loving music and beautiful nature. Avoid most mainstream news if possible.

- March 19, 2025

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Light body
Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)
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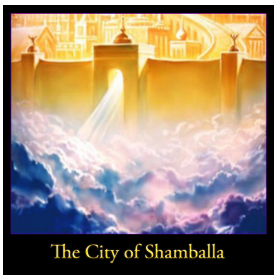

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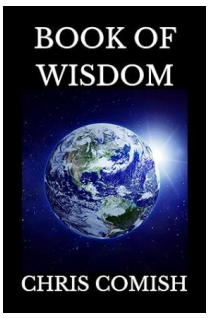

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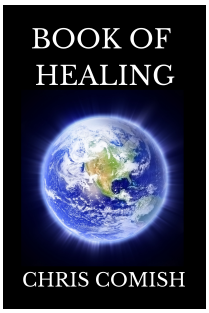

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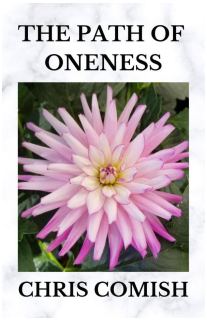

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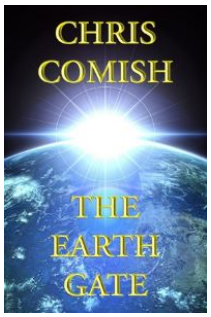

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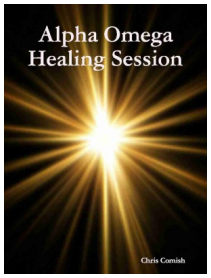

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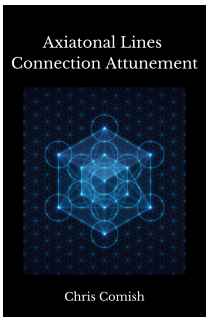

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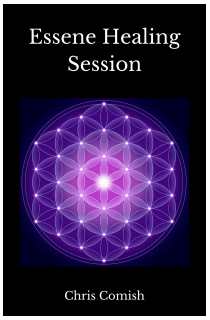

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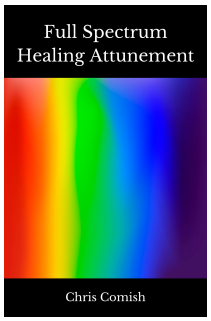

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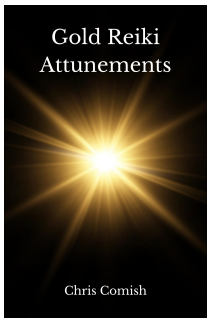

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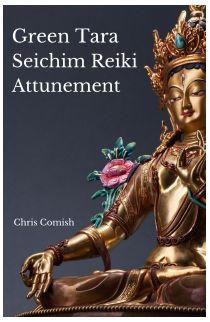

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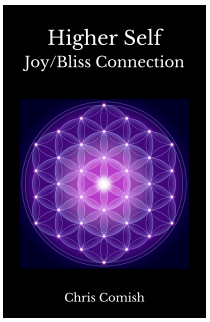

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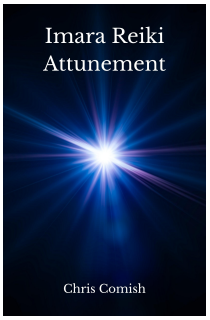

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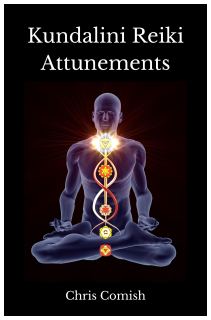

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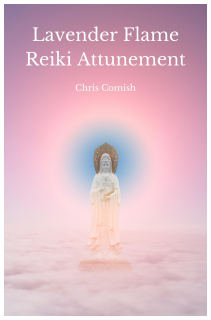

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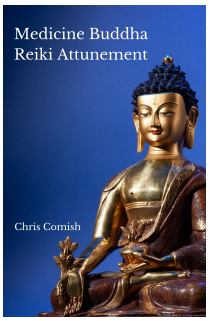

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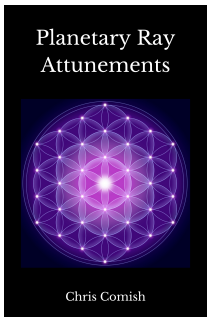

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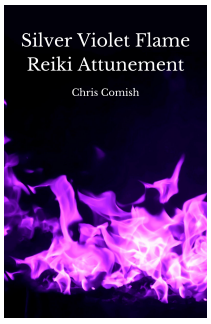

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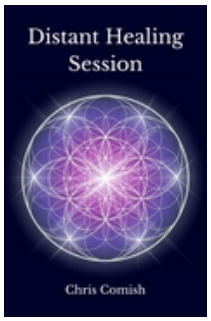

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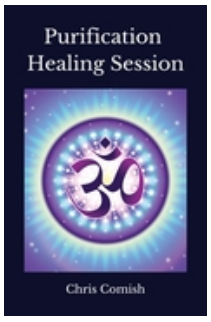

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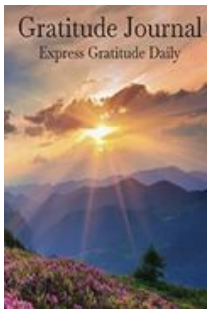

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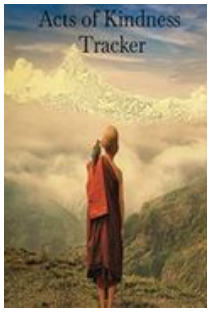

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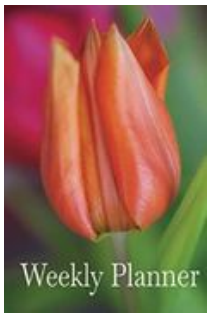

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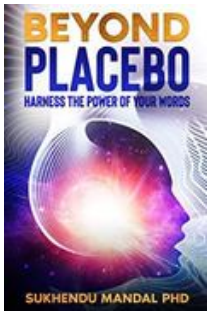

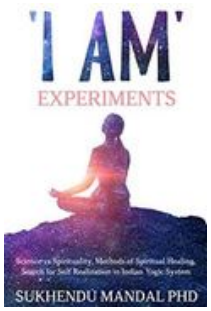

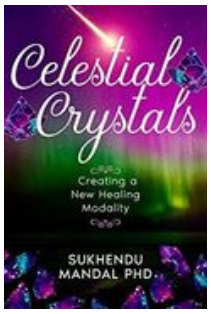

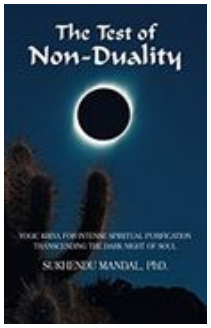

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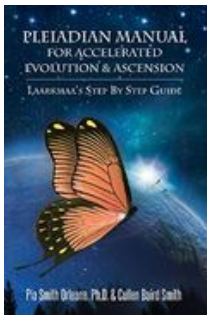

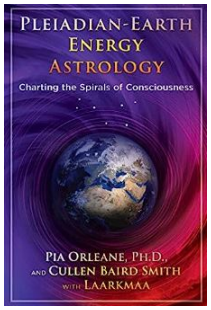
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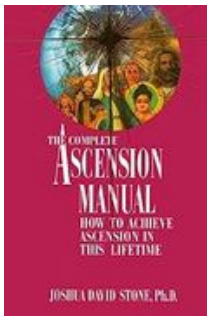
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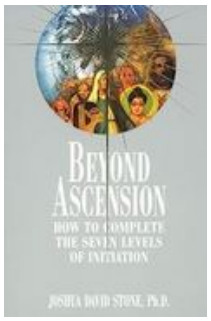
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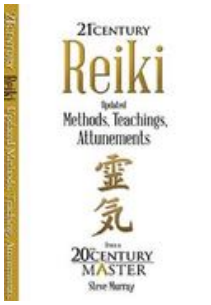
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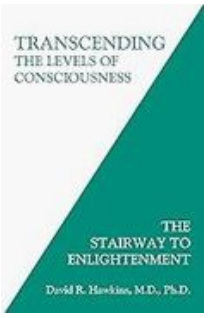
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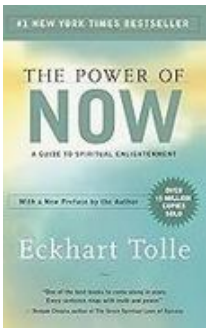
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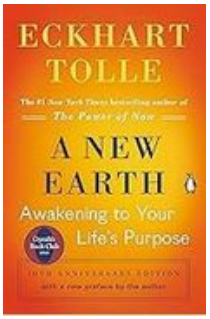
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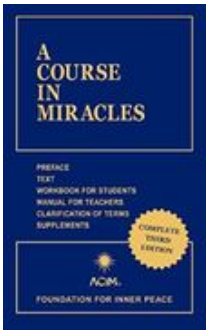
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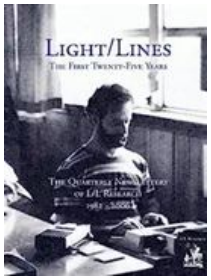
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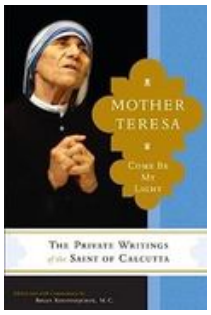
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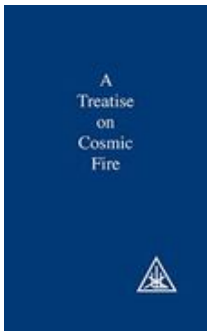
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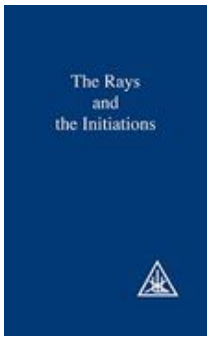
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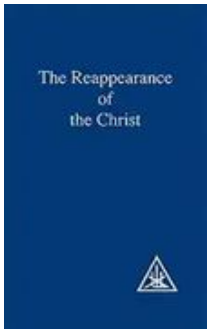
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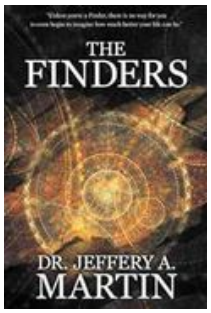
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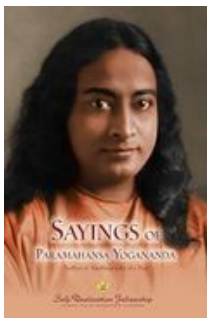
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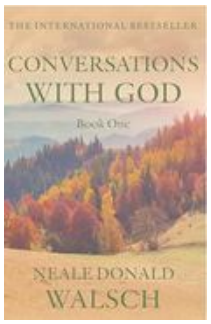
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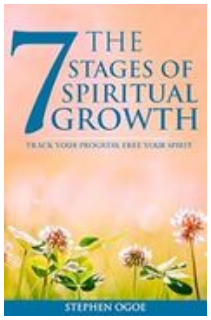
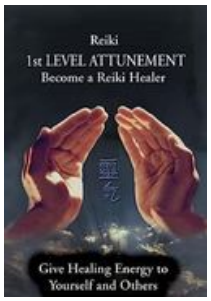
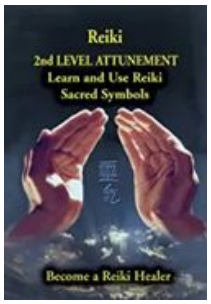
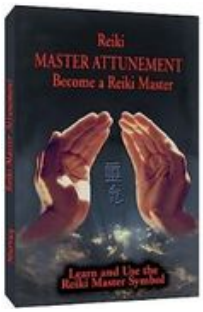
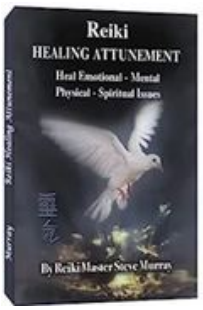


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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